

# Life Cycle Assessment of Sajor-caju Mushroom (*Pleurotus Sajor-caju*) from Different Sizes of Farms in Thailand

S. Ueawiwatsakul, T. Mungcharoen, and R. Tongpool

**Abstract**—Sajor-caju (*Pleurotus sajor-caju*) is one of the most famous mushroom in Thailand. Sajor-caju farming uses plastic bags for cultivation. Energy is needed for sterilization of substrate and waste management of spent plastic bag. Thailand has several sizes of sajor-caju farms which have different cultivation management. Therefore, the environmental performance of sajor-caju produced from three farm sizes was evaluated in this study using life cycle assessment approach. It was found that the main impacts came from i) substrate preparation which are the production and transportation of the substrate raw materials and ii) sterilization process. Medium farm showed relatively large impacts in all impact categories. The climate change caused by 1 kg sajor-caju produced from big, medium and small farms were 3.371, 5.003 and 3.0146 kg CO<sub>2</sub> eq, respectively.

**Index Terms**—LCA, *Pleurotus sajor-caju*, environment.

## I. INTRODUCTION

*Pleurotus sajor-caju* is a kind of oyster mushrooms, known as “Hed Nangpha” in Thailand. It is one of the popular edible mushrooms and is commercially cultivated in Thailand. The substrate for *Pleurotus sajor-caju* is based on sawdust, rice straw that are agricultural by-products [1]. Sajor-caju high content of protein and low content of fat. It also contains vitamins (B1, B2, C, A), minerals (P, Na, Ca) and high content of fibers and carbohydrates [2].

There are many products from sajor-caju such as fried Sajor-caju, soup, chilli sauces. The environmental performance of saju-caju will influence environmental performance of food having sajor-caju as ingredients. Sajor-caju is mainly grown in the middle of Thailand [3]. However, some of raw materials such as sawdust have to be transported from the southern part of the country.

Cultivation of sajor-caju in plastic bag has certain environmental issues. Energy is needed for sterilization of substrate and waste management of spent plastic bag is required. In Thailand, there are several sizes of sajor-caju farms which have different cultivation management such as waste management, energy consumption, water consumption [3]. This work divided the farms into three sizes, big, medium

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and small.

As life cycle assessment (LCA) method was reported to be able to identify environmental impacts [4]. It was used to study how to improve environmental performance of sajor-caju produced from the three sizes of farms.

## II. MATERIALS AND METHODS

### A. Goal

This study aims to evaluate the potential environmental impacts of sajor-caju produced from three different sizes of farms in Thailand, The hotspots of life cycle of sajor-caju were identified. This is to find out possible means for environmental performance improvement of the sajor-caju.

### B. The System and Scope

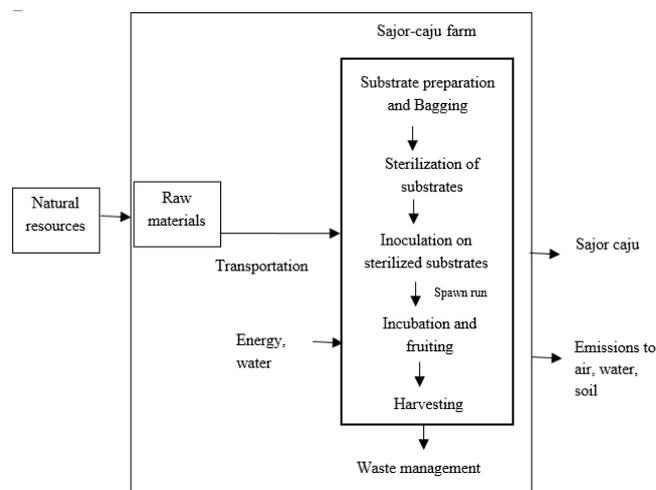


Fig. 1. Boundary system of sajor-caju product under LCA approach.

The study includes raw material acquisition, cultivation, and waste management (Cradle to Gate approach) as shown in Fig. 1. The cultivation process consists of substrate preparation, sterilization, inoculation, incubation, fruiting and harvesting. First the plastic bag was filled with substrate mixture. Trucks were used to carry the substrate materials and the other inputs to the farms. Second, a plastic ring was applied at the top of bag. A cotton ball or paper was plugged in the hole on the top of the bag and rubber band was applied. Third, sterilization of substrate was carried out using a steam for 3-4 hr. A firewood and liquefied petroleum gas (LPG) were used as fuel for steam generation. When it was cooled in room temperature, the spawn was put inside the bag and then the spawn runs for 28-30 days. After that it was incubated for 3-4 months. After fruiting, it is ready for harvest. After harvest, spent paper, spent plastic, spent cotton fabric and

spent rubber band which were expired were burnt out or thrown away as garbage. The substrates and residues of sajor-caju were sold out to produce fertilizer.

The functional unit is 1 kg of sajor-caju produced from the house farm. LCI data were collected from thirty one farms by interviewing with farmers in Ratchaburi province, where 30.88% of total sajor-caju of the country was produced [3]. The data of the input and output of sajor-caju production is shown in Table I. The amounts of CH<sub>4</sub> and N<sub>2</sub>O from firewood, gasoline, and LPG combustion for steam generation were obtained by calculation using the emission factors from IPCC 2006 [5]. The amount of CO<sub>2</sub> from firewood combustion was not included in inventory because wood absorbs CO<sub>2</sub> from atmosphere during growing stage. Emissions of CO, SO<sub>2</sub>, NO<sub>x</sub>, NMVOC, PM10 and PM2.5 of firewood, gasoline and LPG combustion were calculated

using emission factors from EMEP/EEA air pollutant emission inventory guidebook 2013 [6]. The open burning of spent paper, spent plastic, spent cotton fabric and spent rubber band, causes emissions to air. The amounts of CO<sub>2</sub>, N<sub>2</sub>O and CH<sub>4</sub> were obtained by calculation using the emission factors from IPCC 2006 [5]. The amounts of, NO<sub>x</sub>, VOC, CO, SO<sub>2</sub>, PM10, PM2.5 were calculated using emission factors from EPA [7]. The impacts from buildings and machinery were excluded in this study.

This work divided the farms into three groups according to the amount of cubes of all types of mushroom cultivated in the farm. The amounts of overall mushroom produced per year for small, medium and big farm sizes are shown in Table II. This criteria was suggested by Ratchaburi Agriculture office, Thailand. There are fifteen farms in the big size group and eight farms in each small and medium size groups.

TABLE I: THE DATA OF INPUT AND OUTPUT OF SAJOR-CAJU PRODUCTION

Process	Input	Output
Substrate preparation	Sawdust, Rice bran, Water, Urea fertilizer, Magnesium sulphate, Lime, Gypsum, Rice flour, Cassava flour, Glutinous rice flour, Pumice, Cotton, Rubber band, Plastic bag, Molasses, Paper, Neck ring, Human labour, Electricity, Transportation of inputs	
Sterilization	Firewood, Liquefied petroleum gas (LPG), Transport of firewood and LPG, Water, Human labour	CO <sub>2</sub> , CH <sub>4</sub> , N <sub>2</sub> O, NO <sub>x</sub> , CO, NMVOC, SO <sub>2</sub> , TSP, PM10, PM2.5
Inoculation	Spawn, Transportation of spawn, Human labour	Cube mushroom
Incubation and fruiting	Water, Electricity, Gasoline, pesticide, Transport of gasoline and pesticide, Human labour	Water, CO <sub>2</sub> , CH <sub>4</sub> , N <sub>2</sub> O, NO <sub>x</sub> , CO, NMVOC, SO <sub>2</sub> , TSP, PM10, PM2.5
Harvesting	Plastic bag, Transportation of plastic bag, Human labour	Spent substrate, Spent bag, Spent neck ring, Spent paper, Spent cotton fabric, Spent rubber band
Waste management	Spent substrate, Spent bag, Spent neck ring, Spent paper, Spent cotton fabric, Spent rubber band, residue of sajor-caju	CO <sub>2</sub> , CH <sub>4</sub> , N <sub>2</sub> O, NO <sub>x</sub> , CO, VOC, SO <sub>2</sub> , PM10, PM2.5

TABLE II: THE DIVIDED SIZES OF FARMS

Type	Cubes of all kinds of mushroom (Bag per farm)	Weight of all kinds of mushroom produced per year (kg per year)
Small farm	< 40,000	< 20,000
Medium farm	40,000-80,000	20,000-40,000
Big farm	> 80,000	> 40,000

The data of inputs and outputs of all farms in each group were weighted averaged according to the annual production. In 2012, the farms produced sajor-caju twice a year. The data coverage was 21.79% of overall sajor-caju in Thailand in 2012.

The data of the inputs and transportations of each group were traced back to natural resource consumption and emissions of the upstream processes. The background data of LPG, gasoline, electricity, tap water, sawdust, polypropylene, transportation were provided by Thailand national LCI database. The background data of rice bran came from the inventories of milled rice production [8]. The background data of plant hormone for incubation and fruiting was excluded from the study because it could not be found. The

other background data were obtained from Ecoinvent database in SimaPro software.

### C. Environmental Impact Assessment

After LCI was obtained, the classification and characterization method of ReCiPe Midpoint was applied via SimaPro 7.3.3 software [9]. The concerned impact categories in this study are 1) climate change, expressed as kg CO<sub>2</sub> equivalent, 2) marine eutrophication, expressed as kg N equivalent, 3) human toxicity, expressed as kg 1,4-DB equivalent, 4) water depletion, expressed as m<sup>3</sup>, 5) fossil depletion, expressed as kg oil equivalent.

## III. RESULTS

### A. Environmental Impacts from Different Farm Sizes

The results of environmental impact assessments of sajor-caju are shown in Table III. It can be seen that the sajor-caju from the medium farms caused the highest impacts in all impact categories, especially, climate change The climate change caused by 1 kg sajor-caju produced from big,

medium and small farms were 3.371, 5.003 and 3.0146 kg CO<sub>2</sub> eq, respectively. The impact of sajor-caju from the big and small farms were almost the same. The impact of climate change of sajor-caju in all size farms higher than shiitake (1.8671 kg CO<sub>2</sub> eq), in the categories of human toxicity and fossil depletion were lower than shiitake (0.0563 kg 1,4-DB eq, 0.5851 kg oil eq) [10].

**B. Contributors of the Environmental Impacts**

The impact contributors were grouped in 6 processes; i)

substrate preparation ii) sterilization, iii) inoculation, iv) incubation and fruiting, v) harvesting, and vi) waste management, as shown in Fig. 2. It can be seen that the substrate preparation, and sterilization are the main impact contributors for all farms sizes and for all impact categories. The medium farms caused the highest impacts in all categories and all impact contributors. The sterilization process was more than 70% of total impacts in the category of climate change.

TABLE III: ENVIRONMENTAL IMPACTS OF 1KG OF SAJOR-CAJU FROM THREE SIZES OF FARMS

Impact category	Unit	Small size	Medium size	Big size
Climate change	kg CO <sub>2</sub> eq	3.014518	5.002945	3.371086
Marine eutrophication	kg N eq	0.005778	0.007604	0.005696
Human toxicity	kg 1,4-DB eq	0.024677	0.028359	0.024767
Water depletion	m <sup>3</sup>	0.198833	0.275168	0.209707
Fossil depletion	kg oil eq	0.116995	0.125464	0.103351

The medium size of farms showed the highest impact relatively large amount of firewood was used. The replacement of firewood with LPG will reduce released CH<sub>4</sub>, N<sub>2</sub>O, CO, NO<sub>x</sub>, SO<sub>2</sub>, NMVOC, PM10 and PM2.5. However, the amount of CO<sub>2</sub> will increase, resulting in higher impacts in the categories of climate change and fossil depletion.

The impact of Marine eutrophication mainly came from both substrate preparation and sterilization for all farm sizes. Fig. 4 shows that sawdust was the reason for the impact in the substrate preparation. Fig. 3 shows that the emission from sterilization was the reason for the impact in sterilization process.

The result of human toxicity mainly came from substrate preparation for all farm sizes. The sawdust was more than 50% of total impact as shown in Fig. 4.

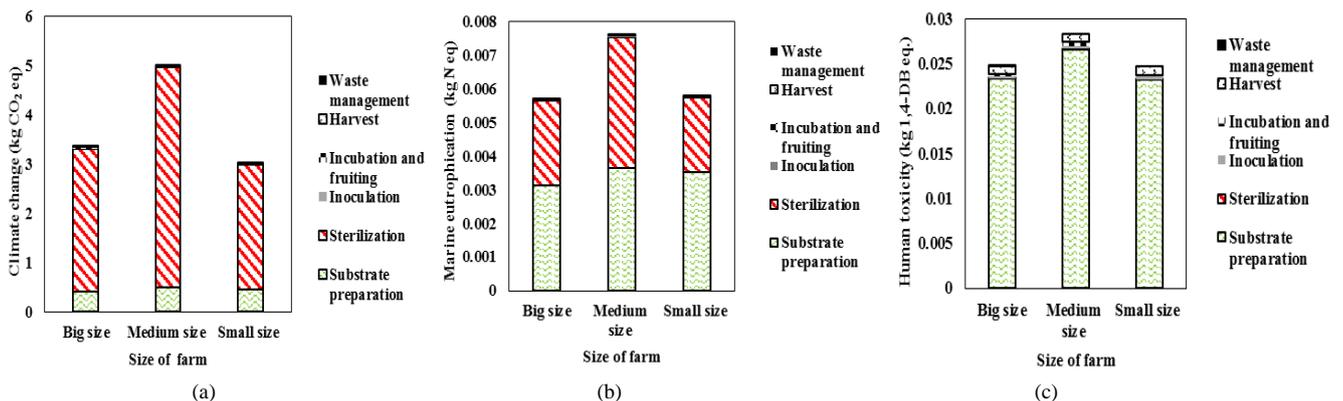
The substrate preparation was the main cause of fossil depletion category for all farm sizes. This came from sawdust and transportation as shown in Fig. 4.

In Fossil water depletion category, substrate preparation showed relatively large contribution, which were 89% of big farms, 85% of medium farms and 82% of small farms. This came from rice bran as shown in Fig. 4.

Fig. 3 shows that transportation of fuels and the emissions from burning were the main causes for the impact of sterilization process. This is because firewood and LPG were used for steam generation. These results were the same for all farm sizes. The combustion of firewood released CH<sub>4</sub>, N<sub>2</sub>O,

CO, NO<sub>x</sub>, SO<sub>2</sub>, NMVOC, PM10 and PM2.5 which can cause climate change and marine eutrophication and water depletion. The prevention of heat loss will reduce fuel consumption and environmental impacts.

The contributions of environmental impact from the substrate preparation process were mainly from the productions of rice bran and sawdust, as well as the transportations of the substrate raw materials as shown in Fig. 4. These results were the same for all farm sizes. The rice bran was more than 70% of the total impact in water depletion. The sawdust was more 40% of the total impacts in the categories of climate change, marine eutrophication, human toxicity and fossil depletion. More than 20% of climate change came from the transportation. The transported from the southern of Thailand which was very far from the farms which is about 500-800 km. The environmental performance of sajor-caju can be largely improved if the sawdust sources are close to farms or replacement of sawdust with rice straw, corn and other agricultural by-products having relatively low environmental impacts might be an alternatives. It was reported that used rice straw with cottonseed in the substrate improved sajor-caju yield [11]. Since certain agricultural by products should be milled or ground before used as substrate including energy and expense is needed. Environmental performance of sajor-caju with innovated substrate should be assessed.



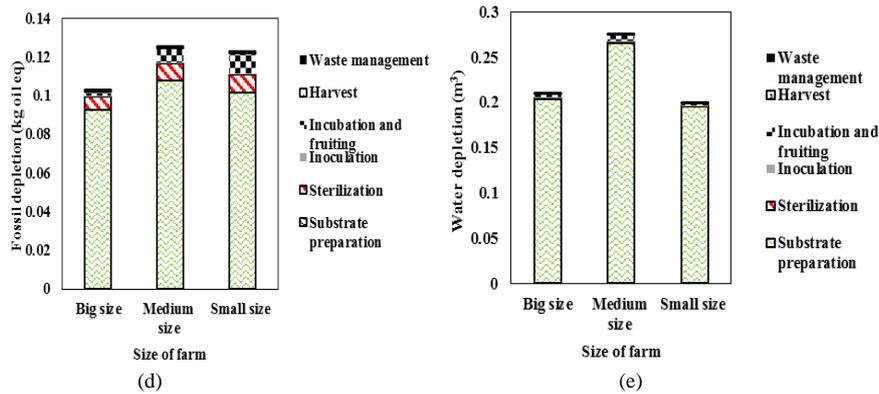


Fig. 2. Impact contributions of 1kg of sajour ca-ju in the categories of (a) Climate change, (b) Marine eutrophication, (c) Human toxicity, (d) Fossil depletion and (e) Water depletion.

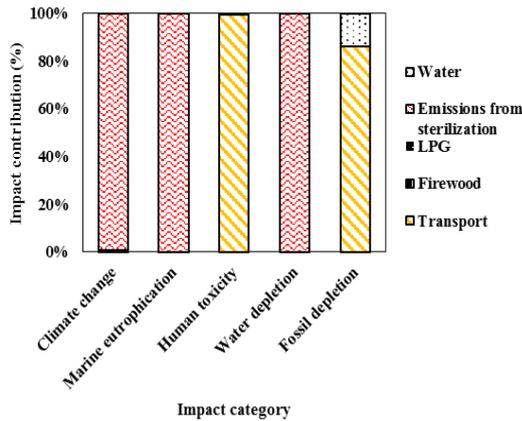


Fig. 3. Impact contribution from sterilization of the substrate that yield 1 kg of sajour-caju in big farms.

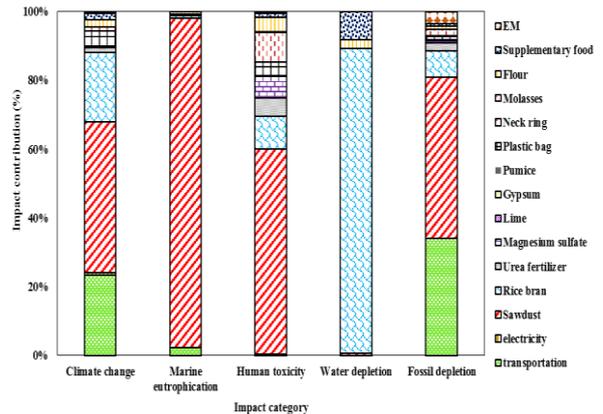


Fig. 4. Impact contributions from the substrate that yield 1 kg of sajour-caju in big farms.

In the impact contributions of substrate preparation and sterilization of sajour-caju farms, the results were consistent with shiitake farms in Thailand that came from i) production of sugar and rice bran used as a substrate ii) transportation of sawdust and firewood used as a substrate and fuel iii) fuel burning during sterilization process [10]. If the sawdust was transported in distance of 100 km and if the spent bages and neck rings were not burnt but used for plastic recycling, the impact of fossil depletion and climate change can be reduced that were reported [10]. It is interesting for environmental performance of sajour-caju farms.

#### IV. CONCLUSION

This study employed life cycle assessment (LCA) to quantify potential impacts of *Pleurotus sajour-caju* cultivation from different sizes of farms. The results showed that the substrate preparation and sterilization were the main impact contributors for all farm sizes in impact categories which were climate change, marine eutrophication, human toxicity, water depletion and fossil depletion. It is found that the *Pleurotus sajour-caju* from medium farms showed higher environmental burden than the big and small farms because large amount of the raw materials in substrate preparation and fuel in sterilization process. As the sajour-caju is largely produced in Thailand, the reduction of its impact can influence environment of the country.

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